



WEEK 7 DEF STREAMERS

LOOKING FOR TEAMS ON LESS THAN 80% OF ROSTERS IN YAHOO

1

CLEVELAND BROWNS @ TEN

While they aren't a great defense in fantasy football, they have been solid, generating at least three sacks and forcing a turnover in five straight games while allowing fewer than 20 points in four. Now they face a bottom-five CLE offense in total offensive yards and points scored per game. With a projected over/under of 39 points, this should be a low-scoring game, and I might start TEN as a last resort. This defense is top-ten in points allowed per game, making it one of the best streaming options.

2

NEW YORK JETS VS MIA

Another low-scoring projected game (over/under of 39 points), and a divisional matchup with both offenses in the bottom ten in total offense yards and points scored per game. However, what makes the NYJ defense streamable, and not MIA, is that it's top-ten in points allowed per game while forcing multiple turnovers in three straight games. They have also generated multiple sacks in four games this season, and last week was the first game without a sack. There's some risk, so they are a decent top-15 streaming option.

3

CAROLINA PANTHERS VS TB

If Baker Mayfield returns, I prefer another option, but I would stream this defense as a last resort. However, if Mayfield is out, then I like this matchup. While the CAR defense hasn't been impressive, it has generated multiple sacks in all but one game this season and forced a turnover in only three games. Facing a TB offense that's bottom ten in total offensive yards and points scored per game while being one of nine teams with double-digit turnovers makes this a decent alternative if you miss out on the above options.

4

CHICAGO BEARS VS NE

Normally, I would stay away from potential shootouts (projected over/under of 51 points) and suggest SF @ ATL as an alternative, but I decided to go for the higher upside option. Currently a top-12 fantasy football defense, they have generated multiple sacks in every game and forced three turnovers in three of those. They are a top-ten defense in total offensive yards and points allowed per game, while turnovers against a NE offense that's bottom-five in turnovers. I would consider this a boom-or-bust option.

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